# All-optical microwave feedback oscillator with atomic cell resonator

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# All-optical microwave feedback oscillator with atomic cell resonator

Cite as: Appl. Phys. Lett. **120**, 044101 (2022); doi: 10.1063/5.0072799 Submitted: 24 September 2021 · Accepted: 12 January 2022 · Published Online: 25 January 2022 R. Boudot,<sup>1,a)</sup> (b M. Abdel Hafiz,<sup>1</sup> (b M. Petersen,<sup>1</sup> C. E. Calosso,<sup>2</sup> (b and E. Rubiola<sup>1,2</sup> (c) AFFILIATIONS <sup>1</sup>FEMTO-ST, CNRS, Université Bourgogne Franche-Comté, Besançon, France <sup>2</sup>INRIM, Strada delle Cacce 91, Torino, Italy

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# ABSTRACT

We report the demonstration of an all-optical self-sustained cell-based microwave feedback oscillator. In this scheme, a microwave resonance, optically induced in a buffer-gas filled vapor cell resonator through coherent population trapping (CPT), is detected by a fast photodiode, amplified, and used to drive back, through a frequency divider, a Mach–Zehnder electro-optic modulator in a sustaining loop configuration. The total gain and phase of the system was measured in an open-loop configuration with a network analyzer. In good agreement with values predicted by the Leeson effect, the CPT feedback oscillator demonstrates an absolute phase noise of -24 dB rad<sup>2</sup>/Hz at 1 Hz offset frequency, compatible with a fractional frequency stability of  $8 \times 10^{-12}$  at 1 s, and a phase noise floor of -112 dB rad<sup>2</sup>/Hz, limited by the low microwave power available at the photodiode output. The amplitude noise of the oscillator shows a comparable noise floor and, for offset frequencies lower than 200 Hz, a 1/f dependence, due to the presence of the frequency divider in the loop.

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Coherent population trapping (CPT)<sup>1,2</sup> is a quantum interference process in which atoms are optically pumped into a dark state by interacting with a dual-frequency laser field that connects two atomic ground states to a common excited state. The fulfillment of the null Raman detuning condition keeps the atoms in a coherent superposition of the two ground states with typical relaxation time  $T_2$ . In buffergas vapor cell experiments, the microwave hyperfine coherence lifetime  $T_2$  is usually in the 0.1–10 ms range, yielding ultimate atomic resonance linewidths  $\Delta \nu = 1/(\pi T_2)$  in the 30–3000 Hz range (neglecting power broadening effects) and then Q-factors, if using Cs or Rb atoms, of  $10^6$ – $10^8$ . The exquisite properties of CPT resonances make them attractive candidates for a plethora of applications including laser spectroscopy,<sup>3</sup> atomic frequency standards,<sup>4–8</sup> sensors,<sup>9,10</sup> slow-light experiments,<sup>11</sup> or laser cooling.<sup>12</sup>

Most CPT-based vapor cell atomic clocks operate as a passive atomic frequency standard.<sup>13</sup> In this case, the atomic resonance is probed by scanning the frequency of an optically carried microwave signal delivered by a local oscillator (LO) and is detected with a slow photodiode as an increase in the light power transmitted through the vapor cell. A derivative error signal, crossing zero at the resonance extremum, is then obtained by probing both sides of the resonance and can be processed to stabilize the LO frequency onto the atomic frequency. An alternative approach, known as the CPT maser,<sup>14</sup> consists of placing the cell in an electromagnetic cavity in order to produce an oscillating magnetization responsible for emission of coherent signal emission at the atomic ground state hyperfine transition frequency. Other studies have demonstrated the possibility to directly detect, at the cell output with a fast photodiode (FPD), microwaves generated through stimulated Raman scattering (SRS),<sup>15,16</sup> electromagnetically induced transparency (EIT),<sup>15</sup> or CPT.<sup>17–22</sup> These approaches have been used to phase-lock, to a microwave atomic cell frequency reference, neighboring modes of multi-mode<sup>21</sup> or currentmodulated lasers,<sup>22</sup> or to construct self-oscillating atomic cell oscillators.<sup>17–19,22</sup>

In this paper, we investigate the unusual concept of a CPT-based vapor cell atomic feedback oscillator, <sup>17–19</sup> comparable in its architecture to those of opto-electronic oscillators (OEOs)<sup>23,24</sup> with the fiber delay line being replaced by the alkali vapor cell. In our setup, a high-Q atomic resonance, initiated through CPT in a buffer-gas filled Cs vapor cell, is detected with a fast photodiode, amplified and sustained in a loop oscillator configuration, by driving back through a frequency divider, a diode laser modulated with a fibered Mach–Zehnder electro-optic modulator (EOM). The latter is driven at half of the clock transition frequency and biased at its dark point, such that a proper CPT-resonant dual-frequency optical field, free from excess sidebands, is generated by both first-order optical sidebands. For better

understanding of actual limitations of the cell-based feedback oscillator, a simple and straightforward phase noise metrology analysis is used. The phase noise of the Cs cell atomic oscillator is -24 dB rad<sup>2</sup>/Hz at f=1 Hz, compatible with a frequency stability of  $8 \times 10^{-12}$  at 1 s, and -112 dB rad<sup>2</sup>/Hz at f=10 kHz. These results, at least one order of magnitude better than those previously reported by atomic cell-based OEOs, are in good agreement with the Leeson model.<sup>25,26</sup> The amplitude modulation (AM) noise of the oscillator was also measured, showing a comparable floor level and flicker of amplitude dependence for f < 200 Hz.

Figure 1 presents the experimental setup. The optical setup used for this study was mainly extracted from the existing one described in Ref. 7. The heart of the experiment is a 2-cm diameter and 5-cm long buffer-gas filled (N2-Ar mixture) Cs vapor cell. The cell is maintained in a temperature-stabilized physics package that also integrates a solenoid for optional application of a static magnetic field parallel used to raise the Zeeman degeneracy. This ensemble is surrounded by a double-layer mu-metal magnetic shield. In the present study, most of the experiments were performed at null magnetic field. These conditions were found to be favorable for increasing the atomic signal and, subsequently, improving the oscillator phase noise performance. A CPT atomic resonance can be created in the cell by making the atoms interact with a dual-frequency optical field. For this purpose, we use a Distributed Feedback (DFB) diode laser, tuned on the Cs D<sub>1</sub> line at 894.6 nm, externally modulated by a fibered Mach-Zehnder electrooptic modulator (EOM), ultimately driven by the feedback loop at 4.596 GHz, such that both first-order optical sidebands produce the CPT state. The EOM is temperature stabilized, and the EOM is biased at the dark point such that the optical carrier at the EOM output is strongly reduced. At the output of the EOM, a fraction of the light is extracted and directed to an evacuated Cs vapor cell (not shown in Fig. 1 for clarity) that can be used for laser frequency stabilization using dual-frequency sub-Doppler spectroscopy.<sup>27,28</sup> The light propagates then into an acousto-optical modulator (AOM), driven with a radio frequency signal at 122 MHz (-1-order). The AOM is used to compensate for the optical frequency shift induced by buffer gas in the CPT cell and for control of the laser power. The 1-cm diameter laser beam is then sent into the CPT cell, filled with 15 Torr of a N<sub>2</sub>-Ar buffer gas mixture ( $P_{Ar}/P_{N_2} = 0.6$ ). For tests where a static magnetic field was applied, the CPT interaction was produced with the pushpull optical pumping (PPOP) scheme.<sup>29,30</sup> The CPT-induced microwave resonance at the cell output is detected by a fast photodiode (FPD). The microwave resonance (A) is then first amplified by three serial amplifiers with a total gain of about 70 dB and bandpass filtered (bandwidth < 50 MHz). A phase shifter is then placed to ensure the Barkhausen phase condition of the oscillator loop. At the phase shifter output, the 9.192 GHz signal is attenuated by 6 dB, frequency-divided by 2, bandpass filtered and again amplified in order to drive the EOM at 4.596 GHz. We note that the frequency divider (Hittite HMC361) acts as an amplitude limiter, yielding for a large input power range (E) to a power of 22 dBm to drive the EOM. A 6-dB microwave coupler is placed right after the amplification stage (B) to extract the output microwave signal from the oscillator for analysis (S).

In a first step, we have measured some characteristics of the oscillator system in the open-loop configuration using a network analyzer. For this, the loop is opened between points E and D. The signal from port 1 of the analyzer is injected into the frequency divider (E) with a power of about 0.5 dBm, and the output of the 6-dB attenuator (D) is connected to port 2 of the analyzer. Figure 2 shows an example of the total gain and phase ( $S_{21}$  parameter) of the system for a total laser power entering the cell of 1.3 mW and no static magnetic field applied. The total gain *G* of the system is at resonance 1.3 dB, slightly above the required oscillation condition G = 0 dB. The loaded Q-factor  $Q_L$  of the atomic resonator, defined as  $Q_L = \frac{1}{2} \frac{d\varphi}{d\nu_0} \nu_0$ , with  $\frac{d\varphi}{d\nu_0}$  being the resonance frequency discriminator-based phase-frequency slope and  $\nu_0$  being the resonance frequency (~9.192 640 GHz), is here  $1.6 \times 10^6$ .

Following these tests, we have performed some closed-loop tests and started the self-sustained oscillation by satisfying the Barkhausen conditions. Figure 3 shows the microwave signal obtained at the 6-dB coupler input (B), extracted from a measurement performed with a spectrum analyzer at point S. The microwave power at (B) is about 11 dBm.

For further analysis, we have measured the absolute phase noise performance of the Cs-cell feedback oscillator. The results, shown in



FIG. 1. Simplified schematic of the CPT-based Cs cell feedback oscillator. The reference of the oscillator loop consists of the atomic resonance produced in the vapor cell through CPT spectroscopy. At the cell output, the resonance is detected by a fast photodiode, amplified, filtered with a bandpass filter (BPF), frequency-divided by 2, and again amplified to drive the EOM that modulates the DFB laser. Microwave isolators were used in the setup but are not shown here for clarity. The AOM is used to shift the laser frequency and control the laser power. The inset shows the CPT diagram. A linear polarizer (P) is inserted right after the cell to align respective polarizations involved in the PPOP scheme along a single axis and make possible the detection of the microwave beatnote. The typical power values at different points of the system are given for information.



**FIG. 2.** Total gain and phase ( $S_{21}$  parameter, magnitude and phase) of the system, measured with a network analyzer in the open loop configuration (input: E, output: D). The center of the frequency axis corresponds to an atomic resonance frequency  $\nu_0 \sim 9.192\,640$  GHz, shifted from the exact Cs clock transition frequency due to the presence of buffer gas in the cell. A 100-pt averaging was applied onto the data.

Fig. 4 for a laser power of 1.3 mW at the cell input and null static magnetic field, are completed by the measurement of the residual phase noise of the total system. The latter is the phase noise of all the components of the loop, except the Cs cell, measured separately, under the same conditions as in the oscillator, using a standard mixer-based phase detection scheme. The white phase noise is of  $-112 \text{ dB rad}^2/\text{Hz}$  in agreement with the expected value  $S_{\varphi_0} = \frac{FkT}{P_A}$ , where F (5 dB) and  $P_A$  (-57 dBm) are the noise figure and input microwave power of the amplification stage, respectively, and kT is the thermal energy.<sup>31</sup> For offset frequencies  $f < f_c$ , with  $f_c \simeq 250 \text{ Hz}$  here, the spectrum exhibits a phase flicker noise  $f^{-1}$  slope, yielding -90 dB rad<sup>2</sup>/Hz at f = 1 Hz. We suspect that the main contribution of the system residual phase



**FIG. 3.** Output spectrum of the CPT atomic feedback oscillator, measured at point B, for a laser power in the cell of 1.3 mW. The resonance occurs at the frequency of about 9.192 640 GHz. Parameters of the analyzer are: resolution bandwidth (RWB) = 3 kHz, video bandwidth (VBW) = 100 Hz, and sweep time = 0.2 s.

noise is the EOM stage, which includes the by-two divider, the highpower 4.6 GHz amplifier, and the EOM. We have measured the residual noise of the arm composed of the by-two divider and high-power 4.6 GHz amplifier at the level of about -105 dB rad<sup>2</sup>/Hz at f=1 Hz, well below the detection limit of the setup. However, its conjunction with the EOM always led, in a reproducible way, to about -90dB rad<sup>2</sup>/Hz at f=1 Hz. This degradation is not fully understood yet. We found in the literature measurements of EOMs not only with lower residual phase noise<sup>32</sup> but also some with worse performance.<sup>33</sup> The contribution of the photodetection stage (photodiode +3 serial microwave amplifiers at 9.192 GHz) was measured well below the total detection limit at the level of -108 dB rad<sup>2</sup>/Hz at f=1 Hz.

The absolute phase noise of the Cs cell oscillator is measured in good agreement with the Leeson effect.<sup>25,26</sup> The phase noise spectrum is well-described by the power-law  $S_{\varphi}(f) = \sum_{i=-3}^{0} b_i f^i$  with coefficients  $b_0 = -112$  dB rad<sup>2</sup>/Hz,  $b_{-2} = -45$  dB rad<sup>2</sup> Hz, and  $b_{-3} = -24$  dB rad<sup>2</sup> Hz<sup>2</sup>. The associated fractional frequency stability is a flicker frequency noise of  $2 \ln 2 \frac{b_{-3}}{\nu_0^2} = 8 \times 10^{-12}$ . These performances represent an important advance for CPT oscillators, since they are at least one order of magnitude better than those described in Refs. 15, 18, and 19. However, at the present state, they are not yet at the level of state-of-the-art sapphire oscillators,<sup>34</sup> delay-line,<sup>24</sup> and microresonator-based OEOs<sup>35</sup> or standard CPT clocks.<sup>5,7,8</sup>

The main limitation of the present approach is represented by the phase fluctuations induced by the sustaining loop, in particular, the EOM stage, that are directly converted into frequency noise through the CPT oscillator loop. Also, the floor is limited by the low microwave power available at the input of the first amplifier following the photodetection stage. Below the Leeson frequency, this floor is converted into white frequency noise (WFN), whose level is  $b_{-2} = -45 \text{ dB rad}^2 \text{ Hz}$ , corresponding to a fractional frequency stability of  $4 \times 10^{-13}$  at 1 s, a level comparable to those demonstrated by state-of-the-art CPT clocks.<sup>5,7,8</sup> Notice that the WFN level is due solely to fundamental quantities, like signal-to-noise ratio of the resonance and the Leeson frequency, i.e., atomic quality factor, and sets the ultimate limit of the CPT oscillator once other technical noises, like the



**FIG. 4.** Absolute phase noise at 9.192 GHz of the Cs cell atomic feedback oscillator (red line) and residual phase noise of the sustaining loop (black line). The measured Leeson frequency  $f_L$  is about 2.1 kHz, slightly lower than the calculated one  $f_L = \nu_0/2Q_L = 2.8$  kHz. The transition from the  $f^{-3}$  to the  $f^{-2}$  slope is obtained around the corner frequency  $f_c$  of the residual noise.

one from the EOM stage, are made negligible. Several approaches might be explored to improve the current oscillator performances, including the use of high-power photodiodes<sup>36</sup> to increase the level of microwave power and then reduce the phase noise floor, the reduction of phase fluctuations of the loop or, at the condition of detecting a powerful-enough signal, the application of a static magnetic field to increase the resonance Q-factor and then reduce the Leeson frequency. We have also started the oscillation onto the Cs atom 0-0 transition with application of a static magnetic field. In this case, a degradation of the oscillator phase noise by about 5 dB for 5 < f < 1000 Hz and up to 10 dB for the noise floor was observed, explained by the reduction of the number of atoms involved in the magnetic-insensitive 0-0 transition and, therefore, by a reduction of the resonance signal. Degradation of CPT-based oscillator performance was also observed in this case in previous studies.<sup>18,19</sup> We also did some tests at null magnetic field using circularly polarized light. With similar experimental parameters, phase noise results comparable with those obtained with PPOP were obtained.

In a last part, we have performed the measurement of the AM noise of the cell-based oscillator. Corresponding results, extracted from a second measurement campaign with comparable conditions to those described in Fig. 1, are shown in Fig. 5. AM and phase noise spectra were simultaneously acquired with a phase noise analyzer (Rohde-Schwarz FSWP). We note first that the oscillator phase noise is similar to the one shown in Fig. 4. The AM noise spectrum shows a noise floor comparable to the phase noise floor, as expected since noise floors result from an additive noise mechanism, and a flicker of amplitude with  $S_{\alpha} = 2 \times 10^{-9}/f$ .

The absence of a visible Leeson effect on the AM noise spectrum is well explained by the formalism developed in Ref. 37 and is due to the frequency divider, acting as a hard amplitude limiter. Because of the divider, the output amplitude of the chain that drives the EOM is a constant, independent of the input amplitude. Thus, the gain of the amplifier chain is inversely proportional to the input amplitude, and the slope of the normalized gain  $-\gamma$ , defined in Ref. 37, is -1. With  $\gamma = 1$ , the amplitude-noise transfer function, described in Eq. (68) of Ref. 37, equals 1.



FIG. 5. AM noise and phase noise of the Cs cell feedback oscillator, measured simultaneously under identical conditions. Spurious removal was performed by the noise analyzer.

The physical meaning of the Leeson effect is that the oscillator integrates the phase fluctuations circulating in the feedback loop. The same happens with gain fluctuations with the obvious difference that saturation prevents the amplitude from diverging. In our case, unlike "regular" oscillators and lasers, the behavior of the oscillation amplitude depends mainly on the saturation induced by the divider, which breaks the integration process mentioned above. The Leeson effect is then not visible on the AM noise, and the AM noise is determined by the divider, the EOM, and the microwave amplifier that follows. The AM noise of the oscillator then contains only white and 1/*f* processes. Not surprisingly,<sup>31</sup> the AM flicker corner of the amplification chain is quite similar to that of phase noise.

In conclusion, we have reported the characterization of a microwave feedback oscillator that uses an optically excited buffer gas-filled vapor cell as a resonator. In this approach, the microwave atomic resonance induced by CPT is detected by a fast photodiode at the cell output and maintained by a sustaining amplifier stage that feeds back an electro-optic modulated laser through a frequency divider. The phase noise of the Cs cell atomic feedback oscillator is -24, -82, and -112dB rad<sup>2</sup>/Hz for offset frequencies of 1 Hz, 100 Hz, and 10 kHz, respectively. These results are in good agreement with the Leeson model with the noise floor limited by the low detected microwave power and a stability level at 1 s currently degraded by the flicker phase noise of the EOM stage converted into frequency fluctuations of the oscillator loop. In addition, we have measured the AM noise of the cell-based oscillator. The latter exhibits for f < 200 Hz a 1/f slope and a noise floor comparable to the phase noise floor. The absence of a visible Leeson effect onto the AM noise spectrum was explained by the presence of a divider in the loop acting as a hard amplitude limiter.

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## AUTHOR DECLARATIONS Conflict of Interest

The authors have no conflicts to disclose.

### DATA AVAILABILITY

The data that support the findings of this study are available from the corresponding author upon reasonable request.

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